

You may have already signed a consent for surgery prior to coming to the hospital which will be reviewed with you to confirm the correct procedure is being performed. A consent for anesthesia will also be required for you to sign prior to surgery.

Please inform your nurse if you have any adversities due to positioning such as contractures or previous injuries to your neck or back. It is also important to disclose any implants you may have from previous surgeries.

If you have any sensitivity to anesthesia such as nausea or a family history of malignant hyperthermia, a disease passed down through families that causes a fast rise in body temperature and severe muscle contractions when the affected person gets general anesthesia please tell your anesthesia provider. Anesthetics will be used on your incision sites and will most likely wear off approximately 8-12 hours after surgery. Additional pain medication will be ordered for you to take at home.

Refer to these websites for more information on anesthesia sensitivities:

- www.nlm.nih.gov/medlineplus/ency/article/003090.htm
- www.nlm.nih.gov/medlineplus/ency/article/007410.htm

Postoperative Travel Arrangements

Your designated friend or family member of at least 18 years of age should expect to pick you up from the hospital later the same day after your surgery. Please be sure to leave their valid contact number with your preoperative nurse in the ambulatory surgery unit before going to surgery. Please be sure it is a valid contact number so that they can update them on your progress and your expected discharge time.

It would be helpful to have this designated person present when reviewing your discharge instructions with the nurse. You may obtain your pain medications from the hospital pharmacy before 5 p.m.

Your physician will write discharge orders that indicate when you can resume your prior medications and include your postoperative instructions.

Care After Surgery

Before you leave the hospital, the medical staff will provide a list of discharge instructions specific to your needs that include wound care. Again, it is best if the person driving you is present so that they can assist you if needed, after leaving the hospital. These instructions will also inform you of signs and symptoms that require calling your physician or returning to the emergency room at Millard Fillmore Suburban Hospital. Please note that very few patients have complications requiring a physician after being discharged home.



Millard Fillmore Suburban Hospital
1540 Maple Road, Williamsville, NY 14221
716-568-3600

Language assistance services are available free of charge for anyone who has a need for an interpreter.

Tenemos servicios de ayuda en Español, para cualquiera que necesita un intérprete.



The Center for Minimally Invasive and Robotic Surgery

PATIENT RESOURCE GUIDE



Millard Fillmore Suburban Hospital
A Kaleida Health Facility

What to Expect with Robotic Surgery:

Depending on your surgical procedure, you may require a physical exam and some diagnostic tests. These tests may include blood work, chest X-rays, EKG, stress tests, and pulmonary function studies. Your surgeon will advise you on what tests you need.

When your surgery is scheduled you will be given an appointment for pre-admission testing from your physician's office. This appointment occurs at pre-admission testing within the hospital prior to surgery. Our staff will review your health history and do a physical exam to assure you are ready for surgery. The testing location is at Millard Fillmore Suburban Hospital, on the first floor at 1540 Maple Rd. Williamsville, NY 716-568-3630.

If your testing and medical clearance are done here at the hospital, the results will be automatically forwarded to the appropriate place. If they are completed elsewhere, the reports must be received by Millard Fillmore Suburban Hospital at least two days prior to the date of your surgery. It is recommended that you bring copies of these documents from your primary medical doctor and your specialists to the hospital on the day of your surgery to guarantee that there are no delays in obtaining this information.

If you use prescription drugs, over-the-counter medications, and/or herbal supplements for any reason, please discuss taking them with your surgeon. Normally, you will be asked to stop taking certain medications at least one week before surgery, because many of these drugs and herbs can increase your risk of bleeding and affect how you heal. If you are taking blood thinners, you will need to consult your physician regarding plans for stopping these medications. They may be restarted shortly after surgery.

Pre-Hospital:

Please follow all of your physician's instructions carefully. They are for your safety. If these instructions are not followed, it could result in the cancellation of your surgery.

Please make sure your contact information is up to date with your primary medical doctor and the hospital. It is possible that your surgery time may be moved up or delayed before your scheduled day of surgery. In this event, your preferred phone number will be utilized to contact you.

Unless given permission by your surgeon, do not eat or drink after midnight the evening prior to your surgery. You can brush your teeth and rinse your mouth, but do not swallow any water.

If you take medication regularly for any condition, ask your surgeon whether you can take it on the day of surgery. These include insulin, blood pressure pills, aspirin, birth control pills, heart, asthma or over the counter medications and vitamins. If you have been told to take medications, swallow them with small sips of water.

Do not:

- Smoke
- Drink alcohol (liquor, beer or wine)
- Use recreational drugs for at least 72 hours prior to surgery.
- Shave surgical site.



What to Pack:

- ✓ Legal identification such as your driver's license, and health insurance card
- ✓ Any forms that your surgeon's office asked you to complete
- ✓ Remove all temporary and permanent body piercings before coming to the hospital
- ✓ Leave all valuable items such as jewelry and watches at home
- ✓ Comfortable clothing for discharge
- ✓ Eyeglasses instead of contact lenses
- ✓ Dentures – we will provide a container but we prefer that you leave them with whoever is driving you home.
- ✓ List of allergies you have and medications that you are taking

Please do not bring children under age 14 to the hospital on the day of your procedure. For their protection you must make alternative arrangements.

Hospital Arrival

The hospital offers free parking in front of the hospital or valet is available at a minimal cost.

- ✓ Arrive two hours prior to the time of your scheduled surgery

Stop at the information desk and have them direct you to admissions. Register in admissions and they will direct you to the ambulatory surgery unit.

You will be directed by the surgical care unit staff back to the preoperative area where you will be asked to change into hospital attire.

Multiple providers will come to see you and may ask you the same questions. These questions are for your safety.