



Support Groups for Perinatal Loss



## Caring Arms Support Groups for Perinatal Loss



**Kaleida Health**

**Millard Fillmore Suburban Hospital  
Perinatal Bereavement Services  
(716) 568-6653**



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## The Caring Arms Support Circle

The Caring Arms Support Circle (CASC) is a program of several mutual self-help perinatal bereavement support groups established to:

- Provide emotional support and create a powerful context for learning.
- Bring people who share a common loss together, break down isolation and put parents in touch with each other to talk, to listen and to share concerns.
- Encourage people not only to seek help but to provide it.
- Provide opportunities for parents to be caring and to develop their sensitivity to the feelings and needs of others.
- Help people focus on long-term needs and goals and problems requiring immediate attention.

Our support groups are not therapy groups. You are not required to discuss your problems. In fact, support group ground rules guarantee that no one will probe you or expect you to talk.

Registration is not required. You may attend as many meetings as you want. You do not have to notify anyone if you do not want to continue attending.

## Services Offered

***Stillborn and Newborn Deaths, Miscarriage and Ectopic Pregnancy (up to one year)***

Second Tuesday of every month, 7:00 p.m.  
St. Gregory the Great Church Ministry Center  
(next to Millard Fillmore Suburban Hospital)

For more information, call Denise Hudden, RN or Karen Cwalina, RN at 568-6653.

***“Where there is love,  
there is pain.”***

Language assistance services are available free of charge for anyone who has a need for an interpreter.

Tenemos servicios de ayuda en Español, para cualquiera que necesita un intérprete.