

Benefits of breastfeeding

For Baby:

- Decreased risk of Sudden Infant Death Syndrome.
- Decreased risk of childhood obesity.
- Increased intelligence.
- Fewer respiratory infections, ear infections and other childhood illnesses.
- Decreased risk of certain childhood cancers.

For Mom:

- Will lose weight faster.
- Less sick time used.
- Reduces risk of ovarian cancer and premenopausal breast cancer.
- May reduce the risk of post partum depression.
- Promotes bonding between mom and baby.

At Millard Fillmore Suburban Hospital we have lactation consultants available seven days a week and knowledgeable nursing staff to assist you with your breastfeeding needs.

We offer a prenatal breastfeeding class that will help you prepare for a successful breastfeeding experience.

To register please call:

childbirth education at 568-3628



Millard Fillmore Suburban Hospital

1540 Maple Road, Williamsville, NY 14221

(716) 568-3600

suburban.kaleidahealth.org

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Please ask your care team.

Spanish

ATENCIÓN: Si habla español, los servicios de asistencia lingüística están disponibles, de forma gratuita, para usted. Por favor, pregunte a su equipo de atención.

Arabic/Sudanese

تنبيه: إذا كنت تتحدث العربية، فسوف تتوفر لك خدمات مساعدة لغوية مجاناً. يرجى أن تسأل فريق العناية الخاص بك.

Kaleida Health does not discriminate on the basis of race, color, religion, sex, national origin, disability, sexual orientation, gender identity or expression, physical appearance, source of payment, or age.



Rooming in with your baby

Standard of care

It is the standard of care at Millard Fillmore Suburban Hospital for both formula fed and breastfed infants to stay in the room with their mothers 24 hours a day.

Dads are welcome to stay the night and are expected to participate in the care of the newborn.



Benefits of rooming in

- Babies stay warm and cry less.
- Babies are comforted by familiar voices, touch and smiles.
- Parents learn how to care for their baby sooner and will go home with more confidence.
- The breastfed baby will lose less weight while in the hospital.
- Parents learn baby's cues faster.
- Mother's milk will come in sooner.
- Breastfeeding is more successful and babies tend to be breastfed for a longer period of time.

Benefits of skin to skin contact

Skin to skin contact after birth and on the Mother Baby Unit is beneficial to both the formula and breastfed infant.

- Helps regulate baby's temperature, blood sugar, heart rate, and reduces overall stress.
- Baby cries less.
- Promotes a feeling of safety and security in the newborn.
- Has proven to promote bonding between mother and baby.
- Will "turn on" the baby's natural instincts to suckle.

