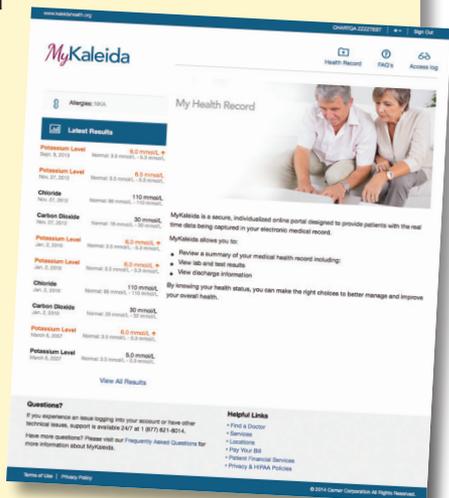# *My*Kaleida
Online Health Management Tool

VIEW YOUR HEALTH INFORMATION ONLINE

Thank you for your interest in the MyKaleida Patient Portal, online access to your health information. Start accessing your health information now using your mobile device or any computer with Internet access by following the simple steps below.

For help in completing these steps, call (877) 621-8014, 24 hours a day, 7 days a week.

1. Log in to your personal email inbox and find the email from Kaleida Health with the subject line "Kaleida Health invites you to join MyKaleida"

2. Open the email and select the link "Accept Invitation to MyKaleida" to begin the signup process

3. Verify your name, email address, date of birth and gender

4. Enter the username and password you want to use to log on to MyKaleida

5. Select a security question and answer

6. Agree to the Terms of Use and Privacy Policy

You now have online access to your health information anytime, anywhere! To log on in the future, go to **MyKaleida.org** and select the MyKaleida Patient Portal Sign In button in the upper right. You will then enter the username and password you created above to log on.

Kaleida Health