



**Women & Children's
Hospital of Buffalo**
A Kaleida Health Facility

Child Life Department

Internship Schedule

Day 1: Welcome to the Child Life!

- **January 21st**
- WCHOB Orientation
- Tour of hospital
- Discuss confidentiality
- Meet CL staff (unit staff)
- Exchange contact information
- Review Internship schedule, goals, and expectations
- Journal expectations discussed

Week 1: Orientation

- **Jan. 21st - Jan. 25th**
- Read policy and procedure manual
- Become acquainted with patient lists
- Overview of basic medical procedures
- Review common diagnosis/history/treatments
- Discuss History of CL, CLC and WCHOB
- Discuss the hospital reporting structure
- Existing Team relationships/Building Team relationships
- Communication: messages we send – professionalism (how others interpret our verbal and non-verbal communication –do vs. try); active listening

**Assigned Reading: *Child Life in Hospitals, Chapter 1*
*The Handbook of Child Life, Chapter 2***

Week 2: Child Life Routine

- **Jan. 28th – Feb 1st**
- Continue to review common diagnoses and treatments
- Observe CLS (regular routine)
- Plan of care: where to get information

- Review theories of development
- Development in “normal settings” vs. hospital
- Developmental understanding of illness
- Unique needs and aspects of the healthcare experience
- Reactions to Hospitalization (development)
- Focus on medical terminology
- Choosing effective language and using questions to learn; responsiveness to children and families- going where they need to go in the interaction
- Begin introducing Child Life to families

**Assigned Reading: *Child Life in Hospitals, Chapters 2 & 3*
*The Handbook of Child Life, Chapter 4***

Week 3: Applying Theory to Practice: Role of CLS

- **Feb 4th – 8th**
- Identifying priority patients
- Assessing developmental and psychosocial vulnerabilities
- Articulating Goals
- Developing intervention plans
- Recognizing the value of play
- Child-directed play
- Developmentally supportive play
- Advocating for play
- Therapeutic play and coping
- Transitions
- Begin Charting

**Assigned Reading: *Child Life in Hospitals, Chapters 4 & 5*
*The Handbook of Child Life, Chapters 8 & 9***

Week 4: Therapeutic Play and Assessment

- **Feb 11th – Feb 15th**
- Observe medical play as applicable
- Role rehearsal/reversal; indirect
- Medical Art
- Safe and healing environment; facilitation of therapeutic space
- Procedural teaching/accompaniment with CLS
- Medical play video
- Reactions to hospitalization reviewed (stress)
- Attend Pre-admission Orientation

Assigned Reading: *The Handbook of Child Life, Chapters 7, 13 & 15*

Weeks 5 & 6: Pre-surgical Teaching (Tara)

- Feb 18th – Feb 22nd
- Week 1: Observe pre-op teaching
- Week 2: Assist and perform teaching
- Attend Bereavement Group: Wednesday

Week 7: Volunteer Supervision

- July 18th - 22nd
- Review Child Life Volunteer Orientation
- Identify appropriate volunteer placements
- Supervision and evaluation of volunteers
- Begin chart notes
- Attend Pre-Surgical Tour: Saturday, July 23rd (10am)

Assigned Reading: *Child Life in Hospitals, Chapter 9*

Week 8: Death and Dying July 25th – 29th

- Role of CLS
- Meet with Lesley Jordans, Bereavement Counselor (have questions prepared)
- Discuss experiences
- Intern takes the lead role in procedures and charting
- ***Mid Term Evaluation***

**Assigned Reading: *Child Life in Hospitals, Chapters 4 & 5*
*The Handbook of Child Life, Chapters 11 & 12***

Week 9: Family Issues/Patient Advocacy August 1st – 5th

- Identifying needs and cultural differences
- Demonstrate helping and listening skills
- Meet with other disciplines (Social Work, OT, PT, Nurses, etc)

**Assigned Readings: *Child Life in Hospitals, Chapters 7 & 8*
*The Handbook of Child Life, Chapter 5***

Week 10: Behavior Modification (August 8th - 12th)

- Behavioral techniques and applying appropriately
- Developing simple behavior modification programs

Assigned Readings: *Child Life in Hospitals, Chapter 10*

Week 11: Family Issues/Patient Advocacy August 15th – 19th

- ***Take-over PICU***

- Identifying needs and cultural differences
- Demonstrate helping and listening skills
- Meet with other disciplines (Social Work, OT, PT, Nurses, etc)
- Perform part of the Pre-Surgical Tour: Saturday, August 20th

**Assigned Readings: *Child Life in Hospitals, Chapters 7 & 8*
*The Handbook of Child Life, Chapter 5***

Week 12: Intern takes the lead as CLS/Playroom supervision (Dena)

- **August 22nd – 26th**
- Supervised take-over
- Prepare to run the floor!
- Project Due!

Week 13: Take-Over (Dena)

- **August 29th – September 2nd**
- ***Final Evaluation***

Week 14: Take-Over/Resume/Interviewing/Certification

Additional Readings that are *Strongly* Suggested:

***Psychosocial Care of Children in Hospitals: A Clinical Practice Manual*
*From the ACCH Child Life Research Project***

***Children Mourning Mourning Children*
*Edited by: Kenneth J. Doka, Ph.D.***

***Volunteers in Child Health: Management, Selection*
*By: A. Kiley***