# The Children's Guild Foundation Autism Spectrum Disorder Center for evaluation/diagnosis:

Please have the **parent/guardian** call for a pre-screen and request an appointment:

(716) 878-7600. We accept insurance and see everyone regardless of their ability to pay. www.wchob.org/autism

Our center provides a multidisciplinary, medically-based evaluation and diagnosis of Autism Spectrum Disorders. Each child is seen by a child neurologist, developmental pediatrician and child psychologist in one visit. We also see some children (children who have been seen in our center and non-verbal children) for medical management and follow-up.

The following are some websites/links that may be helpful for physicians and healthcare professionals.

Local Resources are provided below.

Screening & Surveillance of ASDs are on other side of this sheet.

# Child and Adolescent Psychiatry for Primary Care (CAP PC)

Phone: (855-227-7272) <a href="http://www.cappcny.org">http://www.cappcny.org</a>

Collaboration created to provide primary care physicians with the education and support to better meet the mental health needs of children in the state by offering:

- Free access to CAP PC child and adolescent psychiatrists for phone and selected face-to-face consultation support on Mon-Fri from 9:00 AM to 5:00 PM.
- CAP PC Liaison Coordinators to assist with linkage and referral to specialty child mental health services
- CME training by the REACH Institute in recognizing, assessing, and managing mild-moderate mental health problems in children and adolescents.

#### Early Childhood Direction Center (ECDC) (for children 0-5 years old)

Phone: (716) 880-3875 http://www.wchob.org/ecdc

The Early Childhood Direction Center provides assistance to early childhood programs to improve options and opportunities for preschool children with developmental delays or disabilities served in typical early childhood settings. ECDC also has a great list of resources: http://www.wchob.org/ECDC/resources.asp

#### Parent Network of Western New York (for children 6 years old and up)

Phone: (716) 332-4170 http://www.parentnetworkwny.org

Parent Network of WNY is a community resource for families of individuals with special needs and for professionals who work with these families.

#### **Center for Autism Support and Education (CASE)**

Phone: (716) 332-4170 http://www.parentnetworkwny.org/Home/Programs/CASE

A resource for parents, foster parents, therapists, respite workers, recreation program staff and anyone else who lives or works with individuals having an Autism Spectrum Disorder (ASD).

#### If child needs an evaluation for educational and other support services, encourage parent to contact:

**0-3** years old – Erie County Early Intervention Program at (716) 858-6374.

3-5 years old — Department of Special Education in Child's School District — Committee on Preschool Education (CPSE)

**5+** years old - Department of Special Education in Child's School District — Committee on Special Education (CSE) Here is a link to school districts in WNY: <a href="http://bsccdc01.buffalostate.edu/cdc/WNYschoolDist/displaywnyschooldistrict.asp#eri">http://bsccdc01.buffalostate.edu/cdc/WNYschoolDist/displaywnyschooldistrict.asp#eri</a>

# **Screening & Surveillance of Autism Spectrum Disorders**

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According to the American Academy of Pediatrics Policy, ASDs are not rare; many primary care pediatricians (PCPs) care for several children with ASDs. In fact, a survey completed in 2004 revealed that 44% of PCPs reported that they care for at least 10 children with ASDs; however, only 8% stated that they routinely screened for ASDs.

Screening with a standardized developmental tool should be performed whenever concerns are raised through the ongoing surveillance process. The AAP also recommends that all children be screened with a standardized developmental tool at specific intervals (ie, at the 9-, 18-, and 24- or 30-month visits) regardless of whether a concern has been raised or a risk has been identified during the surveillance process.

Below please find aids that may be helpful in the screening process:

# AAP/CDC – ALARM and screening & surveillance algorithm

http://www.medicalhomeinfo.org/downloads/pdfs/AutismAlarm.pdf

# AAP Policy on Identification and Evaluation of Children With Autism Spectrum Disorders

http://aappolicy.aappublications.org/cgi/content/full/pediatrics;120/5/1183

## American Academy of Pediatrics Health Topics page for Autism:

http://www.aap.org/healthtopics/autism.cfm

### **AAP National Center for Medical Home Implementation – information about Autism:**

http://www.medicalhomeinfo.org/about/cocwd/autism.aspx

This site includes a webinar about autism and screening as well as AAP Clinical Reports & Policy Statements and Resources for Professionals.

#### CDC Webpage with Learn the Signs Act Early - free downloadable material

http://www.cdc.gov/ncbddd/actearly/freematerials.html

#### M-CHAT – Modified Checklist for Autism in Toddlers

The M-CHAT is validated for screening toddlers between 16 and 30 months of age to assess risk for autism spectrum disorders (ASD). The M-CHAT can be administered and scored as part of a well-child check-up, and also can be used by specialists or other professionals to assess risk for ASD. Although a significant number of the children who fail the M-CHAT will not be diagnosed with an ASD, these children are at risk for other developmental disorders or delays. Therefore, evaluation is warranted for any child who fails the screening. Here are links to the free, downloadable M-CHAT screening and scoring sheets.

M-CHAT http://www.firstsigns.org/downloads/m-chat.PDF

Scoring - http://www.firstsigns.org/downloads/m-chat scoring.PDF

Vaccinations: http://www.healthychildren.org/English/safety-prevention/immunizations/Pages/MMR-Vaccine-and-Autism-What-Parents-Need-to-Know.aspx through AAP.

General information sites: www.autismspeaks.org, www.autismresearch.org; www.autismsociety.org; www.iancommunity.org;

We appreciate feedback. If you have any services or information that you think we should add, please call (716) 878-7600 or e-mail: imertz@kaleidahealth.org. Thank you!