

PatientResources

 Gates Vascular Institute
 Buffalo General Medical Center
A Kaleida Health Facility



Calculators:

10 Year Heart Attack Risk Calculator
<http://hp2010.nhlbi.nih.net/atp/iii/calculator.asp?usertype=pub>

BMI calculator
<http://nhlbisupport.com/bmi/>

CHADS2 (approximates stroke risk in patients with atrial fibrillation)
QxMD: <http://www.qxmd.com/calculate-online/cardiology/chads2-stroke-risk-in-atrial-fibrillation>

Target Heart Rate Calculator
<http://www.cancer.org/healthy/toolsandcalculators/calculators/app/target-heart-rate-calculator>

Type 2 Diabetes Risk Test
<http://www.diabetes.org/diabetes-basics/prevention/diabetes-risk-test/>

Diabetes:

American Diabetes Association
<http://www.diabetes.org/>

Diabetes at Work: People with or at Risk for Diabetes, their Families and Caregivers
<https://diabetesatwork.org/GettingStarted/People.cfm>

National Diabetes Education Program
<http://ndep.nih.gov/>

National Diabetes Information Clearinghouse
<http://diabetes.niddk.nih.gov/>

General:

Agency for Healthcare Research and Quality: Understanding Diseases and Conditions
<http://www.ahrq.gov/consumer/diseases.html>

American Academy of Family Physicians
<http://familydoctor.org>

Healthfinder
<http://www.healthfinder.gov/>

Medlineplus
<http://www.nlm.nih.gov/medlineplus/>

Heart Health:

Adult Congenital Heart Association: Health information
<http://www.achaheart.org/resources/for-patients/health-information.aspx>

American Heart Association
<http://www.heart.org/HEARTORG/>

Centers for Disease Control and Prevention: Heart Disease
<http://www.cdc.gov/heartdisease/>

National Heart, Lung, and Blood Institute: Heart and Valvular Diseases
<http://www.nhlbi.nih.gov/health/public/heart/index.htm>

National Institutes of Health: Heart and Circulation
<http://health.nih.gov/category/HeartandCirculation>

Pacemaker or Defibrillators:

Boston Scientific
<http://www.bostonscientific.com/us/patients/heart-conditions.html>

Heart Rhythm Society
<http://www.hrsonline.org/>

Medtronic
<http://www.medtronic.com/patients/>

St. Jude
<http://health.sjm.com/>

Seniors:

AGS Foundation for Health in Aging: Aging and Health A to Z
<http://www.healthinaging.org/aging-and-health-a-to-z/>

National Institute on Aging: A-Z Health Topics Index – Heart conditions
<http://www.nia.nih.gov/health/topics/heart-conditions>

Women:

Department of Health and Human Services, Office on Women's Health: Heart Health and Stroke
<http://www.womenshealth.gov/heart-health-stroke/index.html>

Spirit of Women
<http://www.kaleidahealth.org/spirit>

Visit www.kaleidahealth.org for more information on cardiac and vascular services.



Request information from the Kaleida Health Libraries at: <http://www.kaleidahealth.org/library/requests/ReqRX.asp>
Visit the Wellness Center Library (GVI 2nd fl.) or Aaron Health Sciences Library (BGMC 4th fl. D-building)